

MCCREARY SCHOOL

GRADE 8

Course Times: Day 5 – 1:00-3:30

September 5, 2024- November 7, 2025

TEACHER CONTACT INFORMATION

Mrs. A. Dmytriw Email - admytriw@trsd.ca School Phone Number - 204-835-2083

COURSE OVERVIEW

Food and Nutrition: The food and nutrition area of study teaches about healthy relationships with food through theoretical and practical food experiences. A study of food and nutrition can expose students to accurate information and provide opportunities for them to gain competence in making informed choices. The learning outcomes develop skills, knowledge, and understanding of basic food preparation and nutrition.

Clothing and Textiles: Clothing and textiles courses create awareness of the role that clothing and textiles play in our daily lives. The learning outcomes develop skills, knowledge, and understanding as students participate in learning activities that allow them to express themselves through designing, producing, and evaluating finished textile projects

GOALS

1. Goal 1 – Demonstrate Understanding of Safety and Sanitation
2. Goal 2 – Demonstrate Understanding of Health and Wellness
3. Goal 3 – Demonstrate Understanding of Human Relations
4. Goal 4 – Demonstrate Technical and Applied Skills
5. Goal 5 – Demonstrate Understanding of Design, Innovation and Information Technology
6. Goal 6 – Demonstrate understanding of Sustainability
7. Goal 7 – Demonstrate Understanding of Career Opportunities and the Skills Required

COURSE PACING

All goals will be spiraled throughout the course and are ongoing in nature.

Foods: Students will be making items such as:

Tacos, muffins, cookies, pretzels, spaghetti, stir fry.

Sewing: Students will be making:

curvy worm, pillowcase

*Sewing projects and foods may change at the discretion of teacher

Day 1 Sept. 10	Day 2 Sept. 18	Day 3 Sept. 26	Day 4 Oct. 7
Course introduction Kitchen Safety Sewing Safety	Muffins Intro machine	Cookies Threading machine Curvy worm	Tacos Sewing on material
DAY 5 Oct. 16	Day 6 Oct. 27	Day 7 Nov. 4	
Pizza Pretzels Pillowcase	Apple Crepes Pillowcase	Pizza Rolls Pillowcase	

MATERIALS

Students are expected to bring the following materials to all classes:

-pen/pencil and binder with loose leaf or notebook with lined pages

EVALUATION

All course work and tests will be worth 100%. There will be formative and summative assessments used throughout the course. In accordance with the Manitoba Provincial Report Cards, students will receive a percentage grade as well as a numerical grade from 1-4.

This is a hands-on course, and students are expected to try their hardest. If students miss a cooking day, they may be required to complete it on their own time at home. If students fall behind in sewing, they will be required to come in at lunch to catch up. Students cannot take sewing projects home to work on them.

ADDITIONAL INFORMATION

1. If at any time you are unsure about an assignment, it is the student's responsibility to ask for clarification.
2. Students are expected to be on time for class.
3. Students are expected to show respect to fellow students and teacher.
4. Students are responsible for all homework and notes which were missed while they were absent. Students are encouraged to ask a classmate upon returning to catch up on the materials covered during their absence.
5. If a student has an excused absence on the day of a test, they will write it on the day of their return, either in class or at lunch. If a student is away on the day an assignment is due, hand it in on the day of their return. Please inform the teacher if you plan to be absent.
6. Cell phones are not permitted in class.