Year Plan for Grade 7/8 Physical Education

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Dates: | September | October | November | December | January |
| Dimension | Volleyball Unit | Soccer Unit | Basketball Unit | Low Organized Games Unit | Badminton Unit |
| Unit/Activity Choices | Games  -Cooperative  -Net/Wall  -Target  -Organized Competition  -Skill Sets | Games  -Cooperative  -Target  -Organized Competition  -Skill Sets | Games  -Movement  -Hoop/Target  -Organized Competition  -Skill Sets | Games  -Locomotor  -Team Challenges  -Organized  - | Games  -Team/Competition  -Net/Wall  -Target  -Organized Competition  -Skill Sets |
| General Outcomes | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. |
| Assessment/Evaluation | -Daily Participation  -Observations  -Checklists  -Individual Feedback | -Daily Participation - Observations  -Checklists  -Individual Feedback | -Daily Participation  -Observations  -Checklists  -Individual Feedback | -Daily Participation  -Observations  -Checklists  -Individual Feedback | -Daily Participation  -Observations  -Checklists  -Individual Feedback |
| Resources/Facilities | Gym/ Outdoor Systems | Gym/ Fields | Gym | Gym | Gym |

Ste Rose School 2025-2026

Nathan Zadorozny

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Dates: | February | March | April | May | June |
| Dimension | Outdoor Ed/Activity Unit | Low Organized Games Unit | Diversity Games Unit | Individual Games | Track and Field |
| Unit/Activity Choices | Types-  -Cross Country Skiing  -Snowshoeing  -Quinsy Building | Games  -Cooperative  -Target  -Organized Competition  -Skill Sets | Games  -Coop games dealing with games played around the world | Games  -T-ball  -Softball  -Variations of outdoor volleyball, badminton, basketball | Games  -Cooperation  -Skill Sets  -Running, jumping, team activities |
| General Outcomes | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. | A-Activity  B-Benefits Health  C-Cooperation  D-Do It Daily…For Life. |
| Assessment/Evaluation | -Daily Participation  -Observations  -Checklists  -Individual Feedback | -Daily Participation - Observations  -Checklists  -Individual Feedback | -Daily Participation  -Observations  -Checklists  -Individual Feedback | -Daily Participation  -Observations  -Checklists  -Individual Feedback | -Daily Participation  -Observations  -Checklists  -Individual Feedback |
| Resources/Facilities | Gym | Gym | Gym | Gym/Fields | Gym/Fields |