Year Plan for Grade 7/8 Physical Education

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| Dates: | September  | October  | November  | December  | January  |
| Dimension  | Volleyball Unit  | Soccer Unit  | Basketball Unit | Low Organized Games Unit  | Badminton Unit  |
| Unit/Activity Choices  | Games -Cooperative -Net/Wall-Target -Organized Competition -Skill Sets  | Games-Cooperative -Target -Organized Competition-Skill Sets  | Games -Movement -Hoop/Target -Organized Competition -Skill Sets  | Games -Locomotor -Team Challenges -Organized - | Games -Team/Competition-Net/Wall -Target-Organized Competition -Skill Sets  |
| General Outcomes  | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life.  | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life. | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life. | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life. | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life. |
| Assessment/Evaluation  | -Daily Participation -Observations -Checklists -Individual Feedback  | -Daily Participation - Observations -Checklists -Individual Feedback | -Daily Participation -Observations -Checklists -Individual Feedback | -Daily Participation -Observations -Checklists -Individual Feedback | -Daily Participation -Observations -Checklists -Individual Feedback |
| Resources/Facilities  | Gym/ Outdoor Systems  | Gym/ Fields  | Gym | Gym | Gym |

Ste Rose School 2025-2026

Nathan Zadorozny

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| Dates: | February  | March | April | May | June  |
| Dimension  | Outdoor Ed/Activity Unit  |  Low Organized Games Unit  | Diversity Games Unit  | Individual Games  |  Track and Field  |
| Unit/Activity Choices  | Types--Cross Country Skiing-Snowshoeing -Quinsy Building  | Games-Cooperative -Target -Organized Competition-Skill Sets  | Games -Coop games dealing with games played around the world  | Games -T-ball-Softball-Variations of outdoor volleyball, badminton, basketball  | Games -Cooperation-Skill Sets -Running, jumping, team activities  |
| General Outcomes  | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life.  | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life. | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life. | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life. | A-Activity B-Benefits Health C-Cooperation D-Do It Daily…For Life. |
| Assessment/Evaluation  | -Daily Participation -Observations -Checklists -Individual Feedback  | -Daily Participation - Observations -Checklists -Individual Feedback | -Daily Participation -Observations -Checklists -Individual Feedback | -Daily Participation -Observations -Checklists -Individual Feedback | -Daily Participation -Observations -Checklists -Individual Feedback |
| Resources/Facilities  | Gym  | Gym | Gym | Gym/Fields  | Gym/Fields  |