

Physical Education Year Plan: Kindergarten-Grade 8

Months	September	October	November	December	January	February	March	April	May	June
K/1/2 Mrs. Zalluski	Tags games Intro to basic movement	Tag games Intro to basic movement Fitness	Tag games Intro to basic throwing and catching	Tag games Intro to basic throwing and catching	Tag games Intro to basic throwing and catching	Fitness Tag games Throwing and catching Movement Rink	Fitness Tag games Throwing and catching Movement	Fitness Tag games Throwing and catching Movement	Fitness Tag games Throwing and catching Movement	Kick ball Baseball Soccer Fitness
2/3/4 Mrs Reimer/ Mrs. Trina	Tags games/ soccer Basic movement Fitness	Tags games/ soccer Basic movement Fitness	Tag games Fitness Low organized games Throwing and catching	Tag games Fitness Throwing and catching Basketball dribble	Tag games Low organized games	Fitness Tag games Throwing and catching Movement Rink	Fitness Tag games Throwing and catching Movement	Fitness Tag games Low organized games Movement	Fitness Tag games Throwing and catching Movement	Kick ball Baseball Soccer Fitness
5/6 Mr Martin	Tags games/ soccer Ultimate Low organized games Fitness	Tags games/ soccer Intro to volleyball Fitness	Tag games Fitness Low organized games Volleyball Intro to Basketball	Tag games Fitness Basketball Floor hockey	Fitness Low organized games Basketball	Fitness Tag games Rink Basketball	Fitness Tag games Intro to Badminton Movement	Fitness Tag games Throwing and catching Movement	Fitness Tag games Track and Field	Kickball Baseball Soccer Golf Fitness
6/7/8 Mrs Wardle/ Ms. Doran	Soccer Low org games Fitness	Court games Volleyball Fitness	Court games Handball Fitness	Court games Basketball Fitness	Fitness Basketball Floor hockey Rink	Court games Floor hockey Rink	Badminton Fitness	Badminton Fitness	Soccer baseball Track& Field	Track &Field Baseball Golf