

Quick overview of the year plan.

September : Soccer, Dance, Running (course de fond), Outdoor activities, Health

October: Soccer/Soccer baseball, Volleyball, Yoga, Running games (4-5), Health

November: Volleyball, Yoga, Throwing games, Kick ball (indoor), Health

December: Basketball (drills), Australian baseball, Fitness(work outs), Health

January: Basketball (drills), little organized games, Rounders, Health

February: Badminton, hand-eye coordination games, Health

March: Badminton, Line dances, Health

April: Badminton, Flag Football, Fitness, Track and field, Health

May: Track and field, Team games, Kick ball (outdoor), Health

June: Track and field, Little organized games, Student choice, Health