

Éducation Physique M-3

2024-2025

Mme Smith

September

- Soccer- coordination special awareness, hitting and passing and team work
- Basic gym safety- emergency exits, keep shoes tied, no pushing...
- Tag games, four corners

October

- Volleyball (with a beach ball), increase hand eye coordination
- objective games (running, planning, throwing, etc.)
- Running games
- Health (Fire safety)

November

- Throwing/dodging/catching/jumping games
- Team games
- Health

December

- Relay Races
- Fitness

January

- Dribbling games
- Parachute Games
- Hand eye coordination
- Health

February

- Badminton
- hand-eye coordination games
- Health

March

- Tag games
- Target games
- Health

April

- Territory games
- Target games
- Fitness
- Health

May

- Outdoor games
- Striking games/Field game
- Team games
- Health

June

- Little organized games
- Striking/Field games
- Student choice
- Health